



Preoperative shower instructions

- CHG Solution / The red soap -

- A preoperative shower with a 4% CHG product accomplishes 3 objectives. It removes dirt, oil, and germs while working quickly and preventing germ regrowth. The 4% CHG is effective against most bacteria and viruses. (If you are being seen for a colonoscopy and/or EGD, please disregard these instructions).

- Preoperative shower instructions -

- The night before surgery, shower or bathe with the CHG product. After the CHG shower or bath, rinse thoroughly. Use a fresh, clean towel to dry, and put on clean clothing.
- Morning of surgery - repeat the same procedure as the evening before.

- For hand or wrist surgery -

- Keep nails short and natural.
- Remove artificial nail surfaces.

- For foot or ankle surgery -

- Remove polish/artificial nail surfaces and clean under nail.s
- Wash entire foot and ankle with soap and wash cloth.
- Scrub well between toes with wash cloth.

- If you are having a surgical procedure on your head -

- Shampoo with CHG twice (the evening before and the morning of the surgery).
- Avoid using any conditioners, shampoo, hair spray, or other alcohol-based hair products.
- Avoid getting the CHG preparation in their eyes, ears, nose, or mouth.

- Other general information -

- Do not shave or use hair removal cream on the surgical site.
- Remove make-up.
- Remove all jewelry, including body jewelry (body piercings).
- Inform your doctor and POSC if you have any symptoms of an infection.

- NOTE -

You may purchase "HIBICLENS" from your local pharmacy or you may stop by Pend Oreille Surgery Center for a bottle. Please contact us with any questions.